



## Nutrition

Serving Size: 2 tbsp (30g)  
Servings per container about 272  
Calories: 60

	Amount per serving	% Daily Values
Total Fat	5g	6%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	130mg	6%
Total Carbohydrates	2g	1%
Dietary Fiber	2g	8%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0mg	0%
Potassium	150mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## Ingredients

Hass Avocado, Red Bell Pepper, Onion, Salt, Jalapeno Pepper, Garlic, Lime Juice Concentrate.



# Simplot Harvest Fresh™ Avocados - Western Guacamole, Frozen

Inspire more passion in your customers with Simplot Harvest Fresh™ Avocados. Perfectly ripe and always ready, our hand-picked avocados will take dishes across your menu to delicious new heights. Western is the mildest of our five guacamole options, with just right amount of red bell pepper, onion, salt, jalapeno pepper, garlic, and lime juice.

## Product Specification

SKU	10071179029830
Pack	6/3lb
Brand	Simplot Harvest Fresh™ Avocados
Gross Weight	20lb
Net Weight	18lb
Country of Manufacture	MX
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Low Fat	N
Low Sodium	Y
Zero Grams Trans Fat	Y

## Shipping Information

Length	12.625 in
Width	8 in
Height	8.625 in
Case Cube	0.504
TixHi	18X4
Shelf Life	547 Days
Storage Temp From/To	-10FA / 10FA

## Benefits

- Our mildest guacamole recipe
- Consistent pricing, quality and availability all year
- Elevate your menu and check average
- Say goodbye to labor and waste
- High-Pressure Processed (HPP) for food safety without preservatives

## Serving Suggestions

Popular across all dayparts as a dip, topping or ingredient in sandwiches, burgers, omelettes, Mexican dishes and more. Adds the "super food" goodness your health-conscious customers love.

## Preparation Instructions: for food safety and quality.

KEEP FROZEN. DO NOT THAW IN MICROWAVE.

FOR BEST QUALITY, THAW UNOPENED BAG IN 15-24 HOURS IN THE REFRIGERATOR (40°F) IN SINGLE LAYER. OPEN BAG: KEEP SURFACE COVERED TO PREVENT BROWNING. USE REFRIGERATED HALVES WITHIN 2 DAYS. BEST IF USED WITHIN 24 HOURS. ONCE THAWED, DO NOT REFREEZE.